



ORD FRA PRESIDENTEN

With the hint of Fall in the air, all the members of Stein Fjell are looking forward to our Lutefisk and Meatball Dinner on October 15th. We have new ticket sellers and many new workers, and we thank all who have stepped up to the plate and will give of their time so readily. That's the Stein Fjell Spirit!

Our Silent Auction was a huge success, with all proceeds going to the Sons of Norway Foundation. Thanks to all who contributed items and all who were so generous in their bidding.

Stein Fjell was well represented at the "Historic Fort Grand Opening" at Fort Lupton. Our own John Everson played the most important role in "Rebuilding the Past – For the Future." Congratulations John, on a job well done!

At our October meeting, we will welcome new members. If you're thinking about joining Stein Fjell, why not join now? The evening also promises to be beautiful with many bunads worn or displayed and their history told. See article! See you there!

Fraternally,
Marian Erdal



NOMINATING COMMITTEE

Many thanks to Midge Parkos, Jane Strand, and Rosalind Larsen for accepting the challenge of the duties of the Nominating Committee. When they call, please say yes! It takes all of us to make things click.



STEIN FJELL CONTACTS 2011

President: Marian Erdal – 970.225.9035
Vice President: Rod Skaflen – 970.484.5459
Secretary: Roxanne Storlie – 970.412.5713
Editors: Marianne, Bill Nesse – 970.330.7183
 posteneditor@gmail.com

KULTUR HJØRNE (CULTURE CORNER)

Nancy L. Dunn, Cultural Director

Bunads, the traditional dress of Norway, have a rich history with many styles, colors, and accouterments. They can either come from established rural traditions or have a more modern design inspired by historical patterns and cuts. Traditionally, bunads represented the family home and area they came from. Bunads are worn for special occasions, such as *Syttende Mai*, baptisms, weddings, and balls.



Photo Courtesy of World Press Pictures

Bunads are such a traditional part of Norwegian culture that a government-appointed national authority assures design authenticity: *Bunad- og Folkedraktrådet* (The Bunad and Folk Attire Council). Join us this month at our Lodge meeting for the history and culture of the bunad.



Left: Bunad with marriage headdress. Right: Norwegian immigrants (in the U.S.) wearing their bunads. Photos courtesy of Traditional Costume Photos

OKTOBER KALENDER
Sons of Norway Foundation Month

- 6: Lodge Meeting**, 7 p.m., *New Member Welcome, Bunad History and Culture, Christmas lefse orders*
- 8: Trollheim Dameklubb Tea**, 1 p.m., \$15 (donated to Jeffco Action Center), 6610 W. 14th Ave., Lakewood
RSVP by Oct. 1: Barb Hessel 303.989.4496
Fjellheim Rosemaling Class, 9 a.m. - 1 p.m.
 Please call Sissel Disbrow (719.540.2737) or Kathy Oldervik (719.596.6927). Will also be held Oct. 16, Nov. 13, and Nov. 20 – see times below.
- 9: Leif Erikson Day**, USA (Lief Eiriksson, Old Norse)
- 10: Vestafjell Torsk & Meatball Dinner**, 2:00 p.m., adults, \$8; children free. Info.: Barb 970.245.5649
 Shepherd of the Valley Luth. Church, Grand Junction
Postmark Deadline, Scandinavian Ball (*Sept.Posten*)
- 11-22: Royal Visit, King Harald and Queen Sonja** (p. 6)
- 12-29: BergArt (Bergen Art Festival)** (p. 9)
- 15: Stein Fjell Lutefisk and Meatball Dinner**, 4 p.m. and 6 p.m. seatings, Greeley (See Flyer)
- 16: Fjellheim Rosemaling Class**, 12 - 4 p.m. (Info. above)
- 20: Posten Submission Deadline**
- 22: Fjellheim's Viking Fair**, 9 a.m. – 1 p.m. (p. 5)
29th Scandinavian Ball, 5 p.m. cash bar, 6:30 p.m. dinner. Doubletree, Denver (*September Posten*)
- 24: United Nations Day** (Norway charter member 1945)
- 28: St. Simon's Day, Primstav** (spear and sword):
 get out sleighs, move cattle indoors
- 31: Halloweenfeiring (Halloween Celebration)**

SAVE THE DATE

- November 3:** Lodge Meeting, 7 p.m., *Pizza Party*
November 5: Fjellheim Lutefisk Dinner (p. 5)
November 13 and 20: Fjellheim Rosemaling, 12 - 4 p.m.
November 20: Church Basement Ladies Christmas, 2 p.m., UCCC, Greeley, Box Office: 970.356.5000 (M-F 12 -6, Sat. 12 - 4) or <http://greeleygov.com/UCCC/Events.aspx>
Desember 1: Lodge Meeting, 7 p.m. *Officer Installation*
Desember 31: Stein Fjell Scholarship Receipt Deadline
Februar 5-12, 2012: Ski for Light, Provo (www.sfl.org)

MEETING REMINDERS FROM RAS
Ras Erdal, Stein Fjell Host Coordinator

Our next Lodge meeting is on Thursday, October 6th. We will have our *New Member Welcome*, and a *Bunad Show*.

Our Refreshment Hosts are: **Kris Bakich** (chair), **Wilma Gullickson**, **Karen Johnson**, **Roxanne Storlie**, and **Susan and Gary Zook**.

Looking to November... The Refreshment Hosts for the November 3rd Lodge meeting are: **Kathy Browne** (chair), **Ruth Dohrn**, **JoAnn Kison**, and **Ruth and Clayton Nelson**

Vær så god...

STEIN FJELL LUTEFISK DINNER

Lutefisk Dinner flyers have been amended to reflect the new ticket sellers. If you have put a flyer up in Loveland or Greeley, you may want to put the new one up in its place. More will be available at the Lodge meeting.

We could use:

- A few people to peel potatoes – 9 a.m. – bring peeler
- A few people to cut lefse – 10 a.m. – bring pizza cutters
- More help with coffee, lemonade, and water – 2 p.m.
- Someone to wash cooking utensils – both seatings
- A few more pans of *riskrem*

Please make a contribution to the meatball replica, with thanks that we do not have to make our own meatballs for the Dinner! We usually almost cover the cost of the meatballs with your generosity!

That's all folks!

STEIN FJELL SCHOLARSHIPS

The Scholarship Committee Chairman has recommended that we give one Member Scholarship and one Community Scholarship this year, for \$1,000 each, to graduating high school seniors. The application may be downloaded from our website, www.steinfjell.com, and should be sent to Keith Robbins at the mailing address or e-mail address on the application. Applications must be received by December 31st.



GRATULERER MED DAGEN!
HAPPY BIRTHDAY!

- | | |
|---------------------|-------------------|
| 18 Jim Haugen | 21 Marian Erdal |
| 19 Edward Fadness | 21 Neva Gulliksen |
| 19 Inger Ingvaldsen | 22 Corinne White |
| 20 Ruth Nelson | 24 Tim Sagen |
| 20 Janet Oien | 26 Nina Johnson |

DITT OG DATT (THIS 'N' THAT)

- ★ The **Volunteer Hours forms have been further amended** to make them as clear as possible. If you are an active member, one is inserted in or attached to this *Posten* and copies will be available at the October Lodge meeting. Please do not use the previous ones.
- ★ **Barbara Nolin will be taking orders for Christmas Lefse at the October Lodge meeting.** If you won't be able to make it to the meeting, call her with your order at 970.667.7641.
- ★ Trollheim's *Den Norske Butikken* **new hours** are Wednesdays 10 - 4, Fridays 11 - 5, and Saturdays 9 - 4.

IT WAS A GRAND NIGHT AT THE FORT

The Historic Fort Grand Opening September 9th at Fort Lupton was a memorable event, with many people in period-appropriate dress. The evening began with an Indian blessing and Posting the Colors by a Buffalo soldier unit, continued with many speeches and a period dinner with iron-kettle desserts, and ended with a musket volley before spectacular fireworks.



L-R: Allie, Bryant, Sommer, and Rosalie Everson
(Photo, Rasmus Erdal)

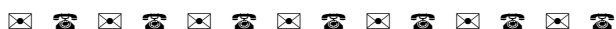


John speaking at Grand Opening (Photo, Bill Nesse)

Stein Fjell member **John Everson** gave an enthusiastic speech and received well-earned recognition for his significant contribution to the Fort's rebuilding. Workers' attention to authenticity and detail is truly remarkable. To their credit, they are making it possible for the Fort to be self-sustaining. Visit and experience this Fort!

MEMBERSHIP DIRECTORY

KVASAGER, Makenzie 2814 Stonehaven Drive
970.690.1354 Fort Collins CO 80525-5683
makvasager44@ymail.com



Names, Phone Numbers, and Addresses must not be redistributed, or used for commercial purposes.

SOLSKINN (SUNSHINE)

Marian Erdal



We have had many needs for thoughts and prayers this month. Please send cards and messages to:

Jane Robbins – 3028 Butternut Dr., Loveland CO 80538-2614 – recuperating from amputation surgery.

Mary Ann Rakke – in care of her daughter, Cathi Thelen, 7226 S. Independence Street, Littleton CO 80128-4120 – recovering from surgery due to a cracked femur, at Presbyterian/St. Luke's Medical Center, Denver.

Kirsten Gjeld-Bennett – 3326 S. County Road 29, Loveland CO 80537-9660 – undergoing chemo and then radiation.

Please put a smile on their faces.

REGARDING CULTURAL SKILLS

Ras Erdal, Cultural Skills Director

Hardangersøm (Hardanger embroidery): The class is still meeting at the Erdal home on **Friday evenings**, roughly every two weeks, as “things” do come up. We are at all levels. **Anyone interested** in starting a Hardanger project will be welcomed – **contact Midge Parkos or me.** We can easily get you started. Beginners and “Pros” are all welcome. Hardanger Cultural Skill Pins are starting to come in.

Cooking: Members are at different levels, preparing different foods at different times. Some requirements can be met by baking for the Lutefisk Dinner. (Hint!)



ZONE 8 LODGE MEETINGS

Fjelldalen, 1st Tuesday, 7 p.m.

Prince of Peace Lutheran Church
2400 S. Colorado Blvd., Denver

Fjellheim, 2nd Wednesday, 7 p.m.

Viking Hall, 1045 Ford Street, Colorado Springs
Storfjell: Contact Kenn and Muriel Johnson
(970.627.0874 / kmjohn612@gmail.com)

Trollheim, 3rd Monday, 7 p.m.

Trollheim Lodge, 6610 W. 14th Ave., Lakewood

Vestafjell, 2nd Sunday, 2 p.m.

Meets at various Western Slope towns
www.vestafjelllodge.org

Vesterheim, 4th Friday, 7 p.m.

Atonement Lutheran Church, 685 Inca Parkway, Boulder



Our 32nd Annual **Stein Fjell Lodge** Sons of Norway

Lutefisk & Meatball Dinner

Saturday, October 15, 2011

Dinner Seatings: 4:00 p.m. & 6:00 p.m.



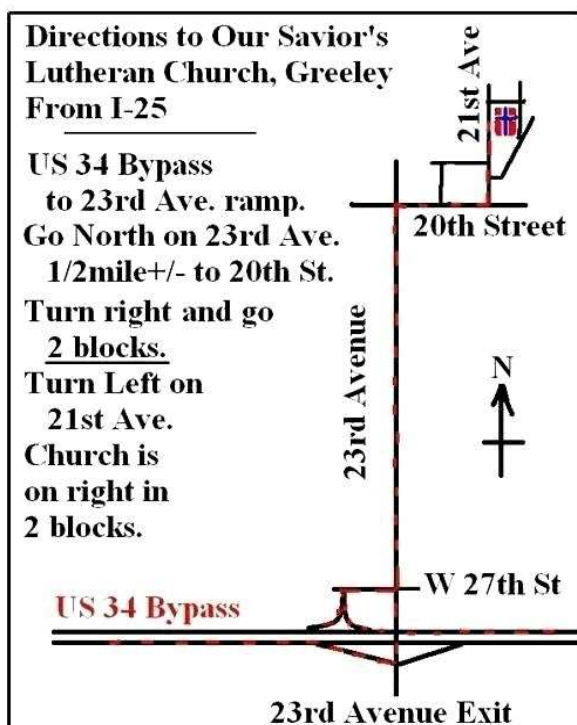
Our Savior's Lutheran Church

1800 21st Ave.

Greeley, Colorado 80631

Adults... \$16.00

Children ages 4 to 10...\$6.00



Event includes: Butikk (Bazaar) with Scandinavian Gifts and Baked Goods for sale

For Information & Ticket Sales

Ft. Collins ...Marian & Ras Erdal ...(970) 225-9035

Greeley.....Grace Noteboom.....(970) 352-5045

Loveland..... Barb Nolin.....(970) 667-7641

Longmont....Kris Bakich..... (303) 774-8363

Windsor.....Kristi Quinlan.....(970) 686-9444

Brighton/Ft. Lupton...John Everson..(303) 655-1876

Our 4th year in Greeley

POUDRE WILDERNESS VOLUNTEERS

A September 3rd article by Tim Nielsen in Fort Collins' *The Coloradoan* included a tribute to Stein Fjell member **Rasmus Erdal**. Nielsen and Ras were hiking partners recently, as members of the Poudre Wilderness Volunteers, "a local organization that fulfills an important role as the eyes and ears of the U.S. Forest Service for the Canyon Lakes Ranger District." Among tasks that the volunteers accomplish are cleanup of established campsites, fixing damaged trail signage, and assisting and educating the public on conservation principles as stewards of the land.



Rasmus Erdal

Photo Courtesy of Tim Nielsen, The Coloradoan

Ras, a volunteer for 17 years, is the oldest volunteer that completes all six required hikes on designated trails during hiking season.

Reflecting on that day's hike, as well as his friendship with Ras, Nielsen finished the article by stating, "Our quiet hike of the morning represented the rewards of conservation and stewardship of the land." "...people like Ras have made a difference by setting an example of the effort needed to preserve the land for generations to come."

The entire article is at: www.coloradoan.com/apps/pbcs.dll/article?AID=2011109040314.

REDESIGNED GANGMERKE

The Sports Medal Program's newest medal redesign is the *Gangmerke* for walking, at left. It joins the swimming and sports/fitness medals; cycling and skiing will follow. All ages and abilities can enjoy *friluftsliv* (outdoor life/recreation). Begin an activity any time – just get a card from Sports Director Jon-Eirik Holm-Johansen or print one at www.sofn.com.



FJELLHEIM VIKING FAIR/BAZAAR

October 22, 9 a.m. - 1 p.m.

Viking Hall, 1045 Ford Street, Colorado Springs

Fjellheim's Viking Fair will be held on October 22nd in Viking Hall. There will be a breakfast, bazaar, crafts, music, and baked goods (including Scandinavian items). For information and vendor procedures, contact Eunice Bluhm at 719.351.3554. It is sponsored by Sons of Norway and funds disaster relief, building support, and scholarships.



FJELLHEIM LUTEFISK DINNER

Saturday, November 5, 2 p.m. and 6 p.m. Seatings
Viking Hall, 1045 Ford Street, Colorado Springs

Come to Fjellheim's Lutefisk Dinner in Viking Hall and enjoy lutefisk with butter/cream sauce, meatballs, steamed potatoes, vegetables, cranberry sauce, lefse, dessert, and coffee. Lutefisk, herring, lingonberries, baked goods, and gift items will be for sale in the lobby.

Make reservations with June Peterson 719.599.3235 (non-members 12 and up, \$20; ages 5-12, \$8).

GIVING TO CHARITY

LaRue Hanson, Financial Benefits Counselor

Many of you are regular givers. You give to the church, a favorite foundation, your alma mater, and other places. What happens when you die? Will the giving stop? It doesn't have to.

If you have an IRA or other retirement plan, you know it is taxed as income when you withdraw from it. Many prudent savers find they don't need this money and plan to leave it to the kids. Did you know this can be a costly mistake? The kids may be taxed at a higher rate than you are and your hard earned IRA can shrink up to 60%. Using the IRA for charitable purposes can eliminate taxes on this money all together.

But what about the kids? Using a portion of that IRA money to purchase a life insurance contract on yourself can produce a generous, income-tax free inheritance to the kids and your favorite charity gets a nice bequest from your estate at the same time.

This is a win-win situation.

To find out more about charitable planning call me today, for a FREE consultation to see if you are maximizing your options.



lhanson1@q.com - 718.599.8546(w) - 719.237.7314(c)
2523 Shalimar Drive, Colorado Springs, CO 80915-1030

OCTOBER IS SON FOUNDATION MONTH

Cindy Olson, SON Foundation

October is designated as Foundation Month throughout Sons of Norway. As you know, Thor Lodge 4-067 in Minot, ND, had many families affected by the severe June flooding of the Souris River.

We are currently in the process of mailing out \$38,000 in \$1,000 Helping Hands to Member Grants to all of the Sons of Norway families that have been affected by the floods. This will help them in their clean-up and recovery efforts to purchase much-needed cleaning supplies, bottled water, and other basic necessities. To help our members in their time of need is the true meaning of fraternalism. This is the purpose of the Humanitarian Fund. [Note: Proceeds from Stein Fjell's Silent Auction are being donated to the Humanitarian Fund – Ed.]

This year we are asking for something special – that donations collected during October, Foundation Month, be given to the Humanitarian Fund. This will insure that the Humanitarian Fund stands ready to assist our members during the next disaster. For every individual \$250 donation to the Humanitarian Fund the donor will receive a King Harald V medallion as a sign of their support.

The Sons of Norway Foundation is our members' Foundation. You are the financial supporters as well as the grant and scholarship recipients. *Tusen takk!*



MAKE A BUNAD – MAY 2012, CAMP NORGE

Freya Lodge in Santa Rosa, California, is teaming up with Sue Sutherland of Bunad Butikken, in Barronett, Wisconsin, to have a bunad-making class at Camp Norge, to take place sometime after May 5 - 6, which is Norway Day in San Francisco.

Sue typically teaches bunad making in Ely, MN, so this is an unusual opportunity in our District. The class is normally five days, when you would learn your embroidery, then one year later you would return to have the bunad fitted and constructed. The cost of these classes has been \$400 per five-day session when it took place at the Grand Ely Lodge in Minnesota. Cost at Camp Norge is expected to be lower.

Sue would like to know the needs of members to determine the class structure, which may or may not follow the structure noted above. Do you want to learn embroidery? Do you want to learn construction? Do you have a bunad that needs fitting, or adjustment, or repair?

The class is limited to 12, with the cost, structure, and exact dates yet to be determined. We will need a cook to provide meals (if we model it after the rosemaling weekends). We expect this class to fill up quickly. Contact Pamela at clothcrafter@sbcglobal.net or 707-778-8120.

KING HARALD'S AND QUEEN SONJA'S ROYAL VISIT IN THE U.S.



During their royal visit, from October 11th to 22nd, His Majesty King Harald V and Her Majesty Queen Sonja will meet with state and local government officials, and visit Norwegian-American communities and institutions.

In Iowa, the anniversaries of Luther College (150th) and Vesterheim Museum (130th) will be marked with Their Majesties' visit in Decorah on October 13th.

In Minnesota, they will visit St. Olaf College in Northfield on Oct. 14th and make an "informational" stop at the Mayo Clinic in Rochester. On October 16th, they will attend a worship service at Augsburg College, in Minneapolis, followed by a reception on campus. Later that day, a reception is planned at the Minnesota Governor's mansion in St. Paul for people of the region who have received royal honors. Our District President Lyle Berge will be meeting them at this reception! After the reception, about 850 people are expected for a dinner with the king and queen. On October 17th, in Duluth, the king will rededicate the Enger Tower, a 1939 gift from Norwegian immigrant Burt Enger to the city of Duluth. The Tower was first dedicated in 1939 by King Olav, King Harald's late father. Before leaving the Midwest, the royal couple will take part in the opening of "Cold Recall," an exhibit celebrating Roald Amundsen, at the Minneapolis-St. Paul International Airport.

In New York City, Their Majesties have been invited by the American-Scandinavian Foundation to be special guests at the Oct. 21st gala ball celebrating its centennial anniversary, which will include royalty and other heads of state from all the Scandinavian countries. They also will visit Ground Zero, and participate in gatherings with the Norwegian community as well as events with Norwegian and American businesses and cultural institutions based in New York City.

RADIO MEDICO NORWAY

Bill Nesse

Ocean-going vessels registered in most countries are required to carry a variety of medical supplies to deal with illnesses and emergencies that may occur when out to sea. As early as 1790, the United States required every American ship displacing over 150 tons with a crew of 10 or more to carry a medical chest. Norway similarly requires merchant ships and fishing vessels to carry medical supplies.

What to do with these supplies, however, is a problem because ships' crews do not necessarily include anyone with specialized medical training. To address this problem, books, such as *The Ship's Medicine Chest and Medical Aid at Sea*, provide guidance. But what does a crew member do when he has a question? In Norway's case, the answer is to contact Radio Medico Norway.

Radio Medico Norway was originally started in 1949 by John Myhre as a volunteer activity to provide what he saw as a much-needed service for the merchant marine and fishing fleet. Its objective was to give medical advice to Norwegian ships at sea, wherever they are located. Myhre was affiliated with the Haukeland University Hospital at the University of Bergen, so the service found its informal home there and he served as its only doctor until 1984. Since 1984, the service has expanded and now includes five doctors with extensive and varied experience.



*Staff of Radio Medico Norway. From left to right:
Alf Magne Horneland, Arne Johan Ulven,
Erik Florvaag, Alfred Halstensen, Kjell Gisholt*

In addition to their normal duties, these doctors rotate being on-call for Radio Medico for a week each, and answer any question that they receive 24/7, usually with less than a 5-minute delay and never more than 15 minutes. In the course of a year, they will answer over a thousand inquiries, dealing with medical issues and emergencies locally and around the world. They also work closely with *Hovudredningsentralen på Sola* (Joint Rescue Coordination Center in Sola) for search and rescue

missions in southern Norway.

In 1999, Norway ratified the International Labor Organization's standards for medical care for ships' crews. One of these standards requires that each signatory nation must have an organization, such as Radio Medico, to respond to medical questions from ships' crews. Given this treaty requirement, it was decided in 2010 to formally make Radio Medico a part of the Norwegian Centre for Maritime Medicine, established in 2006. The Centre is a part of Haukeland University Hospital, continuing the tradition of this hospital serving the needs of the Norwegian maritime industry. While it was originally an informal volunteer organization, Radio Medico now has a modest budget and an administrative home. Regardless of the upgrade in administrative structure, it is apparent that Radio Medico remains a labor of love and dedication for the doctors involved.

The work of these doctors has not gone without notice. John Myhre was awarded the Royal Order of St. Olav for his work for Radio Medico Norway and Axel Schreiner, who took over in 1984 and retired in 2009, has been awarded the King's Medal of Merit in Gold.

Sources: Norsk Senter for Maritim Medisin (www.nsmm.no), International Labor Organization (www.ilo.org), United State Public Health Service

BERGEN RAIN FESTIVAL – A FAREWELL

Each October, Bergen, Norway hosted the Rain Festival, celebrating its wet, humid weather – 89" avg. rainfall/year. It no longer takes place (the last one we found was in 2008), but the Festival was one event in Norway asking for bad weather out-right. Vending machines offered umbrellas and rain gear. A Festival highlight was the large "Raincoat and Umbrella Parade" through Bergen's streets. People could thwart the dreary October weather, along with thousands of others, in a cheerful – not bleak – mood.

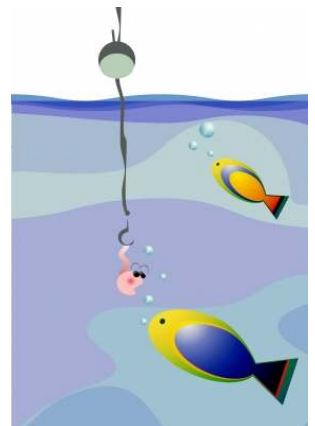


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Det er håp i hengende snøre.

**There is hope as long as
your fishing line
is in the water.**

**(Literally: There is hope in
the hanging line.)**



*Image: africa /
FreeDigitalPhotos.net*

WORLD'S LONGEST TV PROGRAM

Bill Nesse

The Norwegians have made the world's longest TV program! *Hurtigruten Minutt for Minutt* was a reality program, but not the kind where contestants are eliminated and sent home as they compete in various tasks. Rather, it was the voyage of *Hurtigruten's* ship *MS Nordnorge* from Bergen to Kirkenes, between June 16th and 22nd of this year.

Norway's NRK TV network outfitted the *Nordnorge* with nine TV cameras, plus production crew, and arranged for additional cameras to be stationed at each of the ports of call. They continuously broadcasted the full voyage, all 134 hours, or nearly six days. Some 2.5 million viewers in Norway (half the population) tuned in to watch on their TVs and people from around the world watched via the internet. At each of the stops people turned out to cheer, bands played, dignitaries made presentations, and boats escorted *Nordnorge* into and out of the harbors. It was a grand party! Because the voyage was during the summer solstice and much of the voyage is north of the Arctic Circle, almost none of the voyage was in the dark of night.

The entire video is now available online at <http://nrk.no/hurtigruten/>. Watch all of it, or



Nordnorge docked at Svolvær – green arrow points at Hanne-Grete.



Close-up of Hanne-Grete



Nordnorge being escorted into Bodø harbor

elect any portion that you would like to watch by clicking on the ship's route in the window provided. I particularly recommend viewing the segment where the *Nordnorge* arrives in Svolvær, over 73 hours into the voyage.

If you look as *Nordnorge* docks in Svolvær on June 19th at around 8:07 p.m., you will see a woman with Norwegian and American flags who was holding up a

beautiful quilt. A sign attached to the quilt read "Brink of Norway Says Hi To All Quilters." The woman holding the quilt is Hanne-Grete Brink, who happens to be a friend of my sister, Jan Billings. They have been friends for several years and were roommates at the International Quilt Festival in Houston last November!



Hanne-Grete (L) and Jan

Hanne-Grete has been a quilter for over 22 years, getting started when this craft was beginning to really develop in Norway. She is an engineer, working

for the Norwegian Public Roads Administration on bridge maintenance, is a mother to three grown children, and sews nearly every day. She likes to attend quilting conventions and knows quilters from around the world online through *The Quilt Show* (www.TheQuiltShow.com).

She described the beauties of North Norway, the *Hurtigruten* cruises, and the upcoming NRK program featuring *Nordnorge* to the many people she met at the International Quilt Festival and knows through *The Quilt Show*. When asked if they would see her at one of the stops, she regretfully had to say that the *Nordnorge* would not stop in Narvik, her home. However, she received much encouragement and decided to let her friends see her at Svolvær, Lofoten, when *Nordnorge* docked there.

With all the people meeting the ship, she knew that she needed to do something to stand out from the crowd. Her partner, Bjoern, got American and Norwegian flags, they mounted the quilt on a wood frame, and off she went. Through *The Quilt Show*, people all over the world knew to look for her on the NRK live broadcast over the web. When the ship docked, she was there in the crowd with the flags and the quilt. Images of her are now posted online at www.thequiltshow.com/os/blog.php/blog_id/3911).

Hanne-Grete says that quilters are the most wonderful people and that her life has been enriched by quilting, and the people she has met, in so many ways that she could never have imagined. Last year she and seven of her American friends decided to make a quilt together and entered it in the group competition for the American Quilt Festival this year (November 3 - 6). They are finalists and the quilt will be on display there. An article in *The Quilt Life* on the making of this quilt is expected in November.

This story might end here, but there's one more interesting twist. It turns out that Hanne-Grete's partner, Bjoern, is an American car enthusiast who belongs to the US Car Club in Narvik, where he got the American flag that Hanne-Grete held at Svolvær. His pride and joy is a special '93 black Cadillac Allante. While we did not know it at the time, our paths crossed in 2009 when Bjoern attended a US Car Club show in Bogen, north of Narvik – a show that Kathy and Ron Browne, former Stein Fjell member Greta Skau, Marianne, and I attended! Perhaps Bjoern is one of the people in the photo below.

It truly is a small and wonderful world!



NOTABLE DATES IN NORWEGIAN HISTORY

- c. 870** Norwegian Vikings colonize Iceland.
- c. 900** Harald I unites Norway.
- c. 985** Erik the Red colonizes Greenland.
- c. 1000** Leif Erikson sailed to North America.
- 1349-50** An epidemic of plague kills about half the people of Norway.
- 1380** Norway was united with Denmark.
- 1536** Norway becomes a Danish province.
- 1814** Denmark gives up Norway to Sweden but kept Norway's island colonies.
- 1884** The cabinet of Norway becomes responsible to the parliament instead of the king.
- 1905** Norway gains independence.
- 1940-45** German troops occupy Norway in World War II.
- 1945** Norway joins the United Nations.
- 1949** Norway becomes a member of NATO.
- 1957** King Haakon is succeeded by Olav V.
- 1960** Norway and six other nations form the European Free Trade Association.
- 1970s** Norway begins producing petroleum and natural gas from North Sea fields, greatly stimulating the economy.
- 1991** King Olav V is succeeded by Harald V.
- 1994** Norway rejects joining the European Union.

BERGEN ART FESTIVAL

During October, BergArt – the Bergen Art Festival – is held, offering a variety of contemporary international art and entertainment. If you will be there during October, consider booking lodging far in advance, or avoid the city altogether, depending on your experience preferences!


BergArt 2011 will include a live music festival with great concerts of several genres, dance performances, and a literature festival for authors and publishers. Also taking place are FLAZZ (October 12 -16) – a jazz-themed vocal/band music and poetry festival, BIFF – the Bergen International Film Festival (October 19 - 26), and METEOR (October 20 - 29) – a daring theater festival.

Interested? More info. is at www.visitbergen.com/en/, goscandinavia.about.com, and www.visitnorway.com



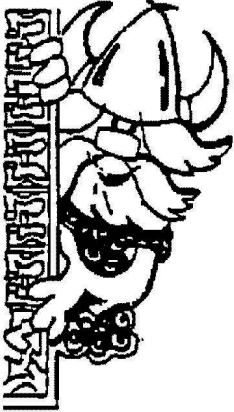
*BergArt venues are in central Bergen
Photo, Marianne Workman-Nesse*

MARIANNE AND BILL NESSE
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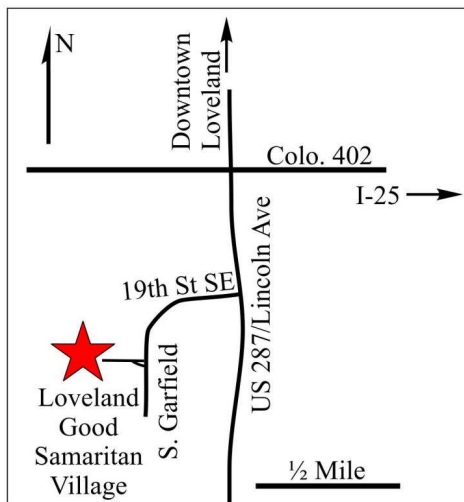


OKTOBER 2011

STEIN FJELL LODGE meets on the first Thursday of each month at 7:00 p.m. in the Good Samaritan Society – Loveland Village's West Dining Hall, 2101 S. Garfield Avenue, Loveland, Colorado. Board meetings are held on the third Thursday of every other month at the home of a member. YOU ARE WELCOME TO JOIN US!



SONS OF
NORWAY



The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other nordic countries, and provide quality insurance and financial products to our members.

Sons of Norway misjon er å fremme og ivareta norske kulturtradisjoner, feire vårt forhold til andre nordiske land, og samtidig tilby de beste forsikrings og finansprodukter til våre medlemmer.