

## What If I Get Stuck

When you are stuck----- which is normal in the design process. Solving problems will make your work more successful as you have to dig deeper to find answers that will work. Reflect on the following words:

Contrast  
Variety  
Balance  
Movement  
Pattern  
Rhythm  
Unity

Are you still struggling?

- Take a break
- Clean up your work area
- Fold fabric (I always find something interesting when I am folding fabric)
- Go for a walk
- Read a book
- Sometimes just getting away from the project is helpful.

Then come back with “fresh eyes”.

What is working? Embrace it and think about how you might expand on what you have.

Be curious! I like to ask “what if” questions. This makes you open up to possibilities.

A solution will come to you!

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