



Wrist Pincushion by Ellen Baker

Attach your sewing pins to your body and you're pretty much guaranteed not to misplace them.

I've had pincushions on the brain, so I made a handy wrist pincushion. Simple to sew, it's made from one fabric scrap, some filling, Velcro and a bit of flexible plastic. Easy! The measurements should be correct for an average sized woman's wrist, but you can measure your own wrist and make necessary adjustments. The pincushion in the center takes up 3" of space, so be sure to account for that when measuring.

Supplies:

Fabric scrap at least 14" x 5" (Fabric line Ella by Red Rooster)

1 1/2" Velcro (1" width)

1 3/4" x 2 3/4" Piece of thin flexible plastic (we used a yoghurt container lid)

Polyfill stuffing

Matching thread

Fabric Marker of your choice

Sewing:

1. Cut fabric to 14" x 5"



2. Fold ends under $\frac{1}{4}$ " toward wrong side of fabric and press. Fold under $\frac{1}{2}$ " and press again.



3. Fold fabric in half lengthwise, right sides together. Pin in place. Mark the center of the fabric with the fabric marker and measure $1\frac{1}{2}$ " from that point on either side. Mark these points (this will create the 3" opening in the center of the band).
At this point measure the piece to see if it will fit on your wrist. You might need to cut off a few inches from either end to ensure that the pincushion is not too large. Repeat the folding in of edges before continuing.



4. Sew with a $\frac{1}{2}$ " seam allowance from either end up to this mark. Turn right side out and press with seam running down the center back.



5. Mark the center of the band and again measure 1 ½" from that point to determine your 3" center pouch from the wristband. Sew along the line on either side and secure. This will become the pouch area for your stuffing.



6. Turn over the band and stuff the pincushion section with polyfill.



7. Insert your small piece of flexible plastic. The plastic prevents you from getting pricked by pins.



8. Whipstitch the opening closed by hand.
9. Using a zigzag stitch, sew one side of your Velcro strip to one end of the band. Sew the other Velcro piece to the underside of the band on the opposite end.



That's all there is to it!

To see more creative and crafty projects visit Ellen's blog at www.TheLongThread.com

