

Tulip Delight: *Stenciled Table Runner* Pictorial Guide

Please read through my **Guide To Stenciling**, it contains detailed images of the stenciling process.



Iron freezer paper stencil into position on fabric. (see my **Guide to Stenciling** for instructions on how to do this).



Stencil your design using selected colours.



'Build up' your colour, do not saturate the stencil.

By Esther Aliu

Tulip Delight: *Stenciled Table Runner*

Pictorial Guide



When you have stenciled one half of the fabric, allow the paint to dry (5—10 mins) and then ‘flip’ the stencil and iron down onto the second half.

Iron into position carefully.

In this image, one half of the stencil has been completed and the remaining design is being ironed into position. Because the stencil has paint on its surface, the iron is protected with baking paper.



When ironed into position, complete painting your stencil and allow to dry.

By Esther Aliu

Tulip Delight: *Stenciled Table Runner* Pictorial Guide



When the paint is dry to touch, carefully peel off the stencil. Be patient!

This is what your table runner should look like.



Heat set the paint using baking paper to protect your iron.

For more info on finishing your table runner, see the [Tulip Delight Pattern file](#)

By Esther Aliu