

## Seat Belt Strap Cover

By Carol Doak

**Note:** The foundation on the last page should measure 4" X 9 3/4". Make sure you selected "no scaling" or "none" under scaling or fit to the page when printing this pdf. file.



Unless you have been living on Mars, we all know how to use our seat belts even though we are instructed every time we fly. The strap across my shoulder always irritated my neck until I purchased a padded strap cover. I have had one of these for years and thought it was time to make one I would not only enjoy using, but would enjoy looking at. I chose fabric that would look nice inside my car. My first step was to design a paper-pieced block. This elongated design works up quickly and offers several color options. The center diamond can also showcase a fussy-cut piece.

### Fabric:

Black floral: 1/4 yd

Red: 1/8 yd or scrap to accommodate the piece in the cutting list.

Green: 1/8 yd or scrap to accommodate the pieces in the cutting list.

Beige: 1/8 yd or scrap to accommodate the pieces in the cutting list.

### Supplies:

Carol Doak Foundation Paper

Cotton batting: 2 cut pieces 7 1/2" x 9 1/2"

Velcro: 5/8" x 20"

### Cutting for Setting pieces:

Black floral: 4 1/2" x 10 1/4"

Backing: 8 1/2" x 10 1/4"

### Cutting List for Foundation Pieced Block:

| Fabric       | No. to Cut | Size to Cut      | Location Number |
|--------------|------------|------------------|-----------------|
| Red          | 1          | 2 1/2" x 6"      | 1               |
| Green        | 4          | 1 1/2" x 4"      | 2, 3, 4, 5      |
| Beige        | 2          | 2 1/2" x 3"      | 6, 7            |
| Beige        | 2          | 1 1/2" x 5 1/2"  | 8, 9            |
| Black floral | 4          | 2 1/4" x 6"      | 10, 11, 12, 13  |
| Black floral | 1          | 1 3/4" x 10 1/2" | 14              |

### Step-by-Step Instructions:

1. Cut and label the fabric pieces for the foundation pieced block and the setting pieces.
2. Print one block on **Carol Doak Foundation Paper**. Trim the block 1/2" from the outside edge.
3. Paper piece the block and trim 1/4" from the outside solid line.

4. Join the 4 1/2" x 10 1/4" piece to the paper pieced block on the #12/ #8/ #10 edge.



5. Remove the paper.

6. Place the backing piece right sides together with the unit made in step 4, pin on three sides, leaving the #14 seam line open. Stitch 1/4" from the edge.



7. Clip the corners to reduce bulk, turn right side out and press. Turn the open edge in 1/4" and press.

8. Layer the two pieces of cotton batting and insert inside. Pin open edge and stitch 1/8" from the edge.

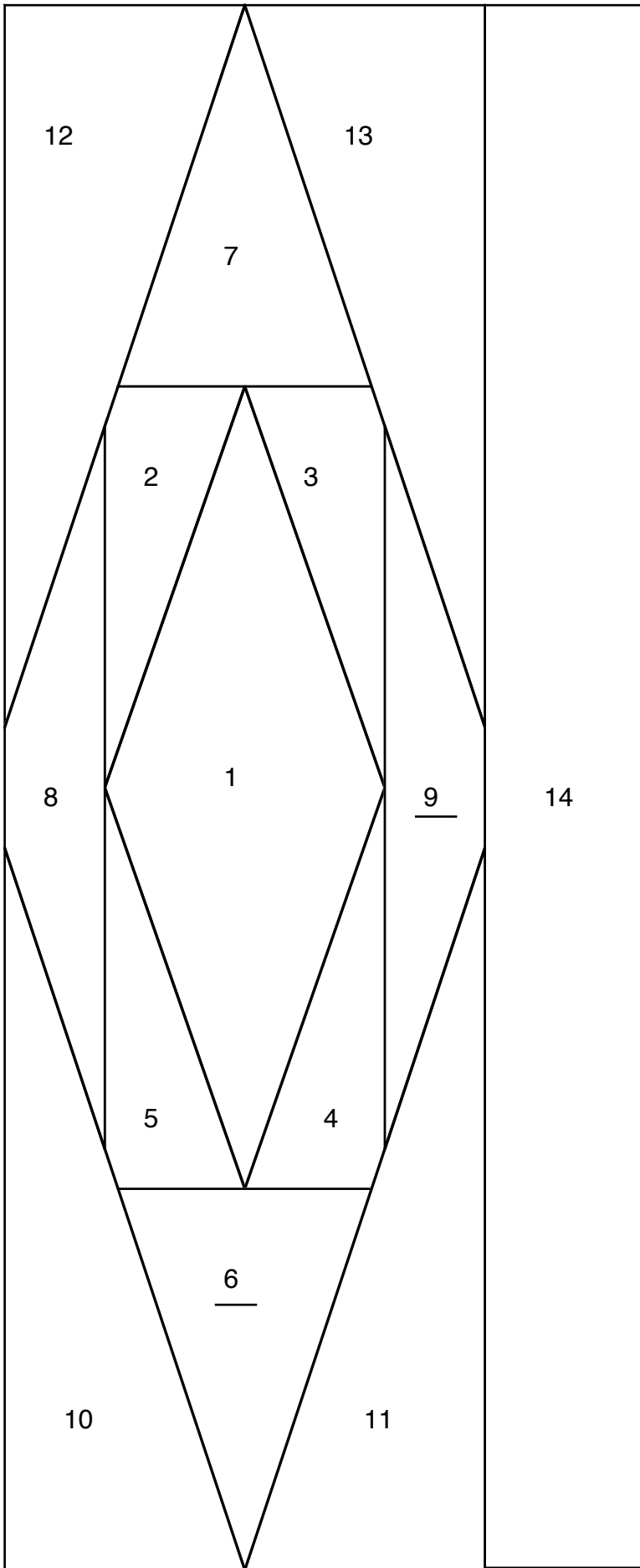
9. Cut the Velcro into two pieces that fit the length. Pin a Velcro strip to each edge on the side where there is no patchwork and stitch along the edges of the Velcro.



10. Place the cover over the upper part your seat belt strap and secure in place with the Velcro.



Enjoy!



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