

Fabric Headbands, in under 15 minutes:



Materials Needed:

- Old Headband
- Scrap Fabric
- Thread



Directions:

1. To determine the width of fabric needed, measure the width of the headband (at the widest part). Multiply x 2 and add 1/2".
2. To determine the length, measure the length of the headband end to end, and add 2 inches.
3. My headband was 1" x 15" so my cut fabric was 2 1/2" x 17".
4. Fold in the two short ends 1" on each end, wrong sides together, making a strip 15" long.
5. Flip fabric over, right side up and fold in half, length wise, right sides together. Pin and sew a scant 1/4" seam allowance. You have made a tube that is now 15" long x 2" wide. Trim close to seam.





7. Press



8. Slip on the headband. Note: It will be a tight fit.



Fabric Belts, in under 30 minutes:



Materials Needed:

- 1 ½" D-rings
- Scrap Fabric 3" wide
- Thread
- Interfacing

- Grosgrain Ribbon



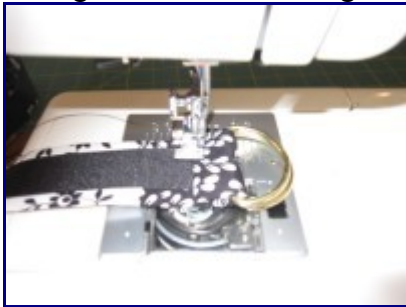
Directions:

1. To determine the length of your belt, take a belt that fits you well and measure end to end. Add about 10".
2. Sew your 3" wide scraps together, right sides together, until you reach your finished desired length. Press seams.
3. Cut ribbon this same length.
4. Cut interfacing 1 1/2" wide x length of fabric belt, center onto wrong side of pieced belt, and press.
5. Press the raw edges of the belt into the center over the interfacing to give you a finished belt width of 1 1/2".

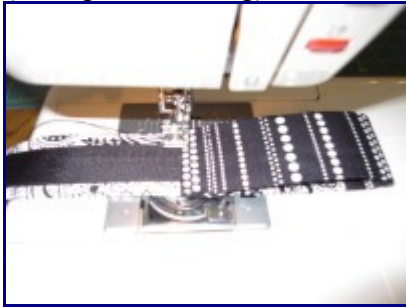




7. On one end of belt, fold wrong sides together down 1" to hide raw edges and then insert the two D-rings and fold over 1" again. Sew these D-rings into place.



8. On the other end, fold wrong sides together in 1" to hide raw edge and then fold in another 7" (wrong sides facing) and stitch.



9. Now you are ready to wear!

